

Straighten your teeth for a great smile at any age



Orthodontic treatment is no longer just for children and teens. In fact, the American Association of Orthodontists states that one in five orthodontic patients is over the age of 21.

Many adults are choosing to receive treatment because they understand the importance of maintaining their health, and they want to feel better about their appearance. Adults everywhere are taking advantage of the opportunity to receive the orthodontic care they didn't get as children, and now you can, too. Especially if you have:

- A desire for a healthier mouth & a more confident smile
- Teeth are crowded or spaced apart, possibly leading to tooth decay or gum disease
- A bad bite, or malocclusion, causing teeth to fit together incorrectly
- Worn or missing teeth
- Abnormal jaw pain or pressure caused by crooked teeth

Treatment options for adults

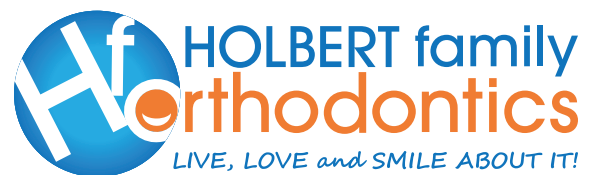
For many adults, the thought of having metal braces is enough to discourage them from seeking treatment. However, today's orthodontic treatment options offer a variety of braces and appliances that are comfortable, esthetic and customized to meet your needs. Types of braces include:

- Invisalign® clear aligners • Clear braces
- In-Ovation® self-ligating braces
- Traditional metal braces

Straight teeth are healthy teeth. Teeth that are properly aligned are easier to keep clean with brushing and flossing. Healthy teeth and gums minimize bacteria and inflammation, which helps to prevent other more serious health problems. A beautiful, straight smile builds confidence, giving you a better quality of life and the freedom to smile without holding back!

To learn more about the benefits of adult orthodontics, please contact us to schedule an appointment. We understand you have a busy schedule, and we will work with you to make sure your office visit is as convenient as possible.

Learn more about adult orthodontics today. Call Dr. Holbert at 804-270-7824 or visit us online at HolbertBraces.com.



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